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By Lynne Farr

Createspace, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.OFF THE GRID: WHAT S COOKIN ? is a cookbook and a memoir, third in a series about two greenhorns living off the grid. First came OFF THE GRID WITHOUT A PADDLE, and OFF THE GRID AND OVER THE HILL, tales of their escape from gritty downtown Los Angeles to a clean green Eden, in a mountain rainforest in rural Hawaii, with fantasies of utopia and dreams of self-sufficiency but no real idea of what they were getting into. After seven years of a high-tech, low-tech, no-tech existence, they ve had to find new alternatives to their alternative life-style when it comes to making food that s fabulous, yet off-grid feasible. The recipes in this book fit those parameters, but they ll suit yours too, whether you live in a high-rise apartment, or a home on the range. Good food is good food. Let s eat!.



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