



The Man Who Lived Forever: A Story of Perfect Health, Long Life and the Fountain of Youth (Paperback)

By Walt F J Goodridge

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.This book is part of The Integrated Life series. THE CONCEPT: In the pursuit of economic survival, bodily sustenance and social acceptance, people often (1) disregard their passion in order to focus on a practical career, (2) allow their diet to undermine their health, and (3) deny their sexual and gender wiring in order to conform to societal concepts of relationship. Therein lies the majority of unhappiness in our modern life. The solution is to live the integrated life! Take the Integrated Life online test at and discover how integrated these areas of your life are! Then, read the book to learn what to do about it! *** ABOUT THIS BOOK: Scientists tell us that the human body is genetically coded for perfect health, youthfulness and immortality. In other words, since the body's 7 trillion cells renew themselves every seven years, there's actually no reason for us to age, get sick or even die. If that's true, then what are we doing wrong? Why are people getting sick younger and aging faster? How did we...



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Reviews

Thorough guideline! Its this type of good read. It is really simplistic but shocks from the 50 percent from the publication. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Sallie Wiegand**

Very good e-book and valuable one. It can be written in basic words and phrases and not confusing. You will not really feel monotony at whenever you want of your own time (that's what catalogues are for concerning should you check with me).

-- **Mr. Antwon Frami**