



Change Your Looks, Change Your Life (Paperback)

By Michelle Copeland

William Morrow Company, United States, 2004. Paperback. Book Condition: New. Reprint. 228 x 177 mm. Language: English . Brand New Book ***** Print on Demand *****.What if our lives, social and professional, could be changed for the better by cosmetic surgery or even a simple lunch-hour procedure? A recognized leader in the plastic surgery field, Dr. Copeland draws on years of clinical experience to guide readers through the myriad of options for cosmetic enhancement. With input from dozens of patients, complex-sounding procedures -- from face-lifts and breast surgery to liposuction and tummy tucks -- are demystified and defined, enabling readers to approach their doctors with confidence and gain the knowledge necessary to make an informed decision. Dr. Copeland also details nonsurgical lunchtime fixes such as Botox injections, light-laser treatments, and collagen injections, as well as topical peels and creams to banish wrinkles and improve appearance without recovery time. If you are among the increasing number of men and women who want to look younger, feel healthier, and live better than you ever thought possible, Dr. Copeland's skillful advice will inspire you to take control of your own cosmetic wellness.



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Reviews

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